

Session 1-2: Introduction to Leadership

- ❖ Understanding the Concept of Leadership
- ❖ Exploring Different Leadership Styles and Models
- ❖ Assessing Personal Leadership Strengths and Weaknesses
- ❖ Importance of Leadership in Personal and Professional Growth
- ❖ Setting Goals and Expectations for Leadership development

Session 3-4: Self-awareness and Emotional Intelligence

- ❖ Understanding Self-awareness in Leadership
- ❖ Developing Emotional Intelligence and Social Awareness
- ❖ Recognizing and Managing Personal Biases and Blind Spots
- ❖ Cultivating Empathy and Understanding Others' Perspectives
- ❖ Practicing Reflective Practices for Continuous Improvement

Session 5-6: Communication and Interpersonal Skills

- ❖ Effective Verbal and Non-verbal Communication Techniques
- ❖ Active Listening and Empathetic Responding
- ❖ Conflict Resolution and Negotiation Skills
- ❖ Building Trust and Rapport with Team Members
- ❖ Giving and Receiving Constructive Feedback

Session 7-8: Goal Setting and Visioning

- ❖ Setting Clear and Inspiring Vision and Mission Statements
- ❖ Establishing SMART Goals and Objectives for Leadership Initiatives
- ❖ Creating Action Plans and Strategies for Goal Achievement
- ❖ Engaging Stakeholders in Visioning and Goal-setting Processes
- ❖ Monitoring Progress and Adjusting Plans as Needed

Session 9-10: Team Building and Collaboration

- ❖ Understanding the Dynamics of Effective Teams
- ❖ Building Trust and Cohesion among Team Members
- ❖ Delegating Responsibilities and Empowering Team Members
- ❖ Resolving Conflicts and Fostering Positive Team Dynamics
- ❖ Celebrating Successes and Building a Culture of Recognition

Session 11-12: Decision Making and Problem Solving

- ❖ Understanding Different Approaches to Decision Making
- ❖ Analytical Thinking and Problem-solving Skills
- ❖ Generating Creative Solutions to Complex Problems
- ❖ Evaluating Risks and Benefits of Different Options
- ❖ Implementing Decisions Effectively and Monitoring Outcomes

Session 13-14: Leading Change and Innovation

- ❖ Understanding the Need for Change and Innovation
- ❖ Overcoming Resistance to Change
- ❖ Inspiring Creativity and Innovation among Team Members
- ❖ Creating a Culture that Encourages Experimentation and Learning
- ❖ Adapting to Changing Circumstances and Seizing Opportunities

Session 15-16: Strategic Planning and Execution

- ❖ Understanding the Importance of Strategic Thinking
- ❖ Analyzing Internal and External Factors Affecting the Organization
- ❖ Developing Long-term and Short-term Strategic Plans
- ❖ Aligning Resources and Activities with Strategic Goals
- ❖ Monitoring Progress and Making Adjustments as Needed

Session 17-18: Ethical Leadership and Social Responsibility*

- ❖ Understanding the Role of Ethics in Leadership
- ❖ Identifying Ethical Dilemmas and Making Ethical Decisions
- ❖ Promoting Diversity, Equity, and Inclusion in Leadership Practices
- ❖ Advocating for Social Responsibility and Environmental Sustainability
- ❖ Holding Oneself and Others Accountable to Ethical Standards

Session 19-20: Leading Across Cultures and Global Contexts*

- ❖ Understanding Cultural Differences and Diversity in Leadership
- ❖ Building Cultural Competence and Sensitivity
- ❖ Communicating Effectively in Cross-cultural Settings
- ❖ Leveraging Diversity for Innovation and Success
- ❖ Navigating Global Challenges and Opportunities

Session 21-22: Resilience and Well-being*

- ❖ Understanding the Importance of Resilience in Leadership
- ❖ Developing Coping Strategies for Stress and Burnout
- ❖ Prioritizing Self-care and Well-being Practices
- ❖ Building a Supportive Network of Mentors and Peers
- ❖ Embracing Failure as a Learning Opportunity

Session 23-24: Reflection and Continuous Improvement*

- ❖ Reflecting on Leadership Experiences and Lessons Learned
- ❖ Seeking Feedback from Peers, Mentors, and Supervisors
- ❖ Identifying Areas for Personal and Leadership Growth
- ❖ Creating a Personalized Leadership Development Plan
- ❖ Committing to Lifelong Learning and Leadership Excellence